

**Leslie Manning**

**Dec 31, 2009 – Jan 3, 2010**

# BLESSED QUIETNESS

## ANNUAL NEW YEAR'S SILENT RETREAT

Blessed Quietness: using prayer and poems to soothe and heal ourselves and others; healing the world (Tikkun Olan) through prayer and living witness. Using as our premise that all of our work and witness is rooted in our worship, how do we listen more deeply, test more concretely and follow where led more completely? Whose will be done?

The old contemplative practice of listening to sacred text to center down and draw on for purposes of meditation (plainsong, psalmody or dharma talks) will be a model and guide for inner exploration and outer activism. Participants will be invited to share a piece of writing which nourishes their soul and inspires their life. Journaling, mandala-making and meditative walking will be used to find and maintain deep centers as we step into silence and move out into the world.

PLEASE NOTE: This retreat follows a four-day format, beginning Thursday evening and ending Sunday after lunch.

***Leslie Manning** is a Quaker elder, activist, and seeker. She is co-clerk of Durham (Maine) Friends Meeting and serves on New England Yearly Meeting's Ministry and Counsel, where she helped organize a weekend of extended worship in Portland, ME, in April 2009.*



**WOOLMAN HILL Quaker Retreat Center**  
**107 Keets Road Deerfield MA 01342**

**[www.woolmanhill.org](http://www.woolmanhill.org)**  
**413-774-3431**