

COST & REGISTRATION

The standard rate for this four-day retreat is \$225 (with a sliding scale of \$185-\$275). The fee includes program, lodging and food. Please ask if you need additional scholarship funds. A non-refundable deposit of \$50 is required to hold a space for a program. If you need to cancel, the deposit can be applied toward a future workshop. "Double up and save" discount: bring a friend/family member/fellow meeting attendee along to the same program weekend, and you'll each receive \$25 off the standard rate!

ARRIVAL & DEPARTURE

Plan to arrive after 5pm Thursday evening, in time for dinner at 6:30. The workshop will end by 2pm on Sunday. We are centrally located in western Massachusetts, close to both I-91 and Route 2. For those arriving by car, we will send directions when you register. Please let us know if you'd be interested in carpooling. The nearest Amtrak train station is in Amherst. Vermont Transit and Peter Pan bus lines stop in Greenfield. Please contact us to arrange a ride from these stations.

ROOM & BOARD

Our 19th-century farmhouse has hand-hewn beams and wide pine floors, with simple dorm-style lodging. The meetinghouse and the first floor of the main building are wheelchair accessible. We serve nourishing, primarily vegetarian, home-cooked meals and always offer a vegetarian option. Please let us know if you have any dietary restrictions. Part of the community building at each retreat includes the joyful sharing of meal chores and clean-up.

WHAT TO BRING

Please bring your own toiletries, towels, and bedding (sleeping bag or sheets and blankets or comforter). Pillows are provided. Be sure to bring seasonally appropriate clothes and comfortable indoor and outdoor footwear. You might also like to bring a flashlight, journal, musical instrument... Please do NOT bring pets or candles. Cell phone reception is limited and we have no public computer access. We encourage guests to consider whether cell phone and computer use will detract from their experience of being fully present, here and now.

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 To register for a program, please fill out the information below and send it to us with a \$50 deposit made payable to Woolman Hill. The balance is due at the beginning of the workshop. For more details about our programs and facilities, please visit our website (www.woolmanhill.org) or use the above contact information.

BLESSED QUIETNESS, Dec 31, 2009 – Jan 3, 2010 (with Leslie Manning)	
NAME:	
E-MAIL:	PHONE:
ADDRESS:	
MONTHLY MEETING (if applicable):	
I plan to pay \$_____ on the sliding scale of \$185-\$275 (\$225 standard rate). Please bring a friend and register together for the "Double up and save" discount (see info above)!	
DIETARY, HOUSING, OR OTHER SPECIAL NEEDS:	